

# Compare Health Plans



All Healthy Louisiana health plans offer the same basic services as Medicaid or LaCHIP. These include well-child visits, pregnancy care through delivery, medical transportation, prescription drugs, mental health services, and substance use treatment. The **basic plan benefits** include:

- Behavioral health services
- Chronic illness management
- Durable medical equipment, prosthetics, orthotics and certain supplies
- Early periodic screening, diagnostic, and treatment (EPSDT)/well-child visits
- Emergency and non-emergency medical transportation
- Emergency medical services
- Family planning services
- Immunizations/vaccines
- Inpatient/outpatient hospital services
- Laboratory tests and x-rays
- Pregnancy and newborn care
- Prescription Medicines/pharmacy
- Rural health clinic services
- Unlimited Primary Care Provider (PCP) visits
- Vision services
- Women's health services
- And many more benefits

Each plan also offers extra services. Use this chart to compare the extra services by plan. For a full list of services, go to [MyPlan.healthy.la.gov](http://MyPlan.healthy.la.gov).

 <p>AETNA BETTER HEALTH® OF LOUISIANA  <b>1-855-242-0802</b> (TTY: 711)                  24 hours a day, 7 days a week  <a href="http://www.aetnabetterhealth.com/louisiana">www.aetnabetterhealth.com/louisiana</a></p>	 <p><b>1-888-756-0004</b> (TTY: 1-866-428-7588)                  24 hours a day, 7 days a week.  <a href="http://www.amerihealthcaritasla.com">www.amerihealthcaritasla.com</a></p>	 <p><b>1-844-521-6941</b> (TTY: 711)                  Monday – Friday, 7 a.m. – 7 p.m.  <a href="http://www.myhealthybluela.com">www.myhealthybluela.com</a></p>	 <p><b>1-866-595-8133</b> (TTY: 711)                  Monday – Friday, 7 a.m. – 7 p.m.  <a href="http://www.louisianahealthconnect.com">www.louisianahealthconnect.com</a></p>	 <p><b>1-866-675-1607</b> (TTY: 711)                  Monday – Friday, 7 a.m. – 7 p.m.  <a href="http://www.uhccommunityplan.com">www.uhccommunityplan.com</a></p>
<p><b>Adult dental (21+)</b></p> <ul style="list-style-type: none"> <li>▪ \$500 per year with in-network providers for dental exam &amp; cleaning twice a year, fillings, extractions, and x-rays once a year, if qualify</li> </ul>	<p><b>Adult dental (21+)</b></p> <ul style="list-style-type: none"> <li>▪ \$500 per year with in-network providers for dental exams &amp; cleanings, fillings, extractions, and x-rays, if qualify</li> </ul>	<p><b>Adult dental (21+)</b></p> <ul style="list-style-type: none"> <li>▪ Dental exam and cleaning twice a year; fillings, extractions, x-rays once a year, with in-network providers</li> </ul>	<p><b>Adult dental (21+)</b></p> <ul style="list-style-type: none"> <li>▪ \$750 per year with in-network providers for dental exam &amp; cleaning twice a year, fillings, extractions, periodontal therapy, and x-rays</li> </ul>	<p><b>Adult dental (21+)</b></p> <ul style="list-style-type: none"> <li>▪ \$500 per year with in-network providers for dental exams &amp; cleanings, fillings, extractions, and x-rays, if qualify</li> </ul>
<p><b>Adult vision (21+)</b></p> <ul style="list-style-type: none"> <li>▪ Eye exam with no copay</li> <li>▪ \$100 yearly for corrective eyewear</li> </ul>	<p><b>Adult vision (21+)</b></p> <ul style="list-style-type: none"> <li>▪ Eye exam with no copay</li> <li>▪ \$100 toward glasses/contacts per year</li> </ul>	<p><b>Adult vision (21+)</b></p> <ul style="list-style-type: none"> <li>▪ Eye exam once a year with no copay</li> <li>▪ Glasses covered in full once every two years, if qualify</li> </ul>	<p><b>Adult vision (21+)</b></p> <ul style="list-style-type: none"> <li>▪ Eye exam with no copay</li> <li>▪ Glasses covered in full once a year</li> </ul>	<p><b>Adult vision (21+)</b></p> <ul style="list-style-type: none"> <li>▪ Eye exam every 2 years with no copay</li> <li>▪ \$100 toward glasses, or \$105 toward contacts once every 2 years</li> </ul>
<p><b>Adult wellness</b></p> <ul style="list-style-type: none"> <li>▪ \$15 for completing yearly wellness exam, ages 21+</li> <li>▪ \$15 for completing breast cancer screening, ages 50-74</li> <li>▪ Up to \$150 in acupuncture pain management services and up to 3 chiropractic visits per year, ages 21+</li> </ul>	<p><b>Adult wellness</b></p> <ul style="list-style-type: none"> <li>▪ \$20 for PCP visit within 90 days of enrollment, yearly after 1st year</li> <li>▪ \$10 for colorectal cancer screening, ages 50-75</li> <li>▪ \$10 for cervical cancer screening, women ages 21-64</li> <li>▪ Living Beyond Pain program, if qualify</li> <li>▪ Make Every Calorie Count program, if qualify</li> </ul>	<p><b>Adult wellness</b></p> <ul style="list-style-type: none"> <li>▪ \$15 for yearly well visits, ages 21+</li> <li>▪ \$10 for STI Screening, ages 16+</li> <li>▪ Weight Watchers® meetings for members who qualify, ages 18+</li> <li>▪ Members who have gone to emergency room 4+ times for pain can work with case manager to join care management program</li> </ul>	<p><b>Adult wellness</b></p> <ul style="list-style-type: none"> <li>▪ \$50 for completing breast cancer screening, ages 50-74</li> <li>▪ \$50 for completing colorectal cancer screening, ages 50-75</li> <li>▪ \$50 for completing cervical cancer screening, women ages 21-64</li> <li>▪ \$25 for STI screening (chlamydia, gonorrhea, and HIV test)</li> <li>▪ Certified pain management coaches for chronic pain for adult members in care management</li> </ul>	<p><b>Adult wellness</b></p> <ul style="list-style-type: none"> <li>▪ \$20 for a PCP visit within 90 days of enrollment</li> <li>▪ 6 visits per year to an in-network chiropractor, ages 21+</li> <li>▪ \$10 for completed health assessment within 90 days of enrollment</li> </ul>

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Extra services by plan (continued)

  
AETNA BETTER HEALTH® OF LOUISIANA

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**Asthma**

- Home environmental assessments and low-cost interventions to address asthma triggering conditions and self-management

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**Care management programs**

- Chronic illness such as asthma, congestive heart failure, diabetes, hepatitis C, HIV, obesity, sickle cell anemia
- High-risk pregnancy

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**Child wellness**

- \$30 for completing all 6 well-child visits, birth-15 months
- \$15 for completing yearly wellness exam, ages 2-20
- Ted E. Bear child weight management program for MD Club participants with nutritional sessions and weight checks
- \$50 credit to pay for after school participation in program, including but not limited to, Boys and Girls Club, 4-H, Boy Scouts and Girl Scouts, or Big Buddy, ages 5-16

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**Diabetes**

- \$50 for completing all: dilated eye exam and blood test for LDL, A1C and kidney disease for members diagnosed with diabetes



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**Asthma**

- Home assessment, if qualify

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**Care management programs**

- Chronic illness such as asthma, congestive heart failure, diabetes, hepatitis C, HIV, obesity, sickle cell anemia
- High-risk pregnancy

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**Child wellness**

- \$20 for 6 well visits, birth to 15 months
- \$15 for yearly well visits, ages 2-20
- Make Every Calorie Count weight management program with 2 visits yearly with registered dietitian plus gym membership or at-home fitness kit, for members who qualify

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**Diabetes**

- \$10 for completing all: dilated eye exam, kidney screening, and A1C test for members diagnosed with diabetes



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**Asthma**

- No extra services

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**Care management programs**

- Chronic illness such as asthma, congestive heart failure, diabetes, hepatitis C, HIV, obesity, sickle cell anemia
- High-risk pregnancy

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**Child wellness**

- Up to \$120 for completing well-baby visits for child's first year of life
- \$25 for each well visit, ages 15-30 months, up to \$50
- \$25 for yearly well visits, ages 30 months to 9 years
- \$25 for yearly well visits, ages 10-20
- \$10 for STI Screening, ages 16+
- Booster seat for all well visits from birth to 6 years, if qualify
- Healthy Families child weight management program
- Boys & Girls Club membership, if qualify

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**Diabetes**

- \$25 for diabetic HbA1C screening
- \$25 for diabetic nephropathy screening
- \$25 for diabetic eye exam
- \$5 for completing a "What do you know about diabetes?" quiz



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**Asthma**

- No extra services

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**Care management programs**

- Chronic illness such as asthma, congestive heart failure, diabetes, hepatitis C, HIV, obesity, sickle cell anemia
- High-risk pregnancy
- \$50 for unmet needs for members in care management, if qualify

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**Child wellness**

- \$50 for completing adolescent vaccinations by age 13
- Raising Well weight management program to help you guide child to be healthy by eating right and being active
- \$30 for 6 well visits, birth to 15 months

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**Diabetes**

- \$50 for dilated eye exam, and blood tests for LDL, hbA1C and kidney disease screenings for members diagnosed with diabetes, ages 18-75



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**Asthma**

- No extra services

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**Care management programs**

- Chronic illness such as asthma, congestive heart failure, diabetes, hepatitis C, HIV, obesity, sickle cell anemia
- High-risk pregnancy

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**Child wellness**

- \$10 for completed health assessment within 90 days of enrollment
- \$20 for yearly well visits, ages 1-17
- \$20 for PCP visit, within 90 days of enrollment
- \$50 for yearly well visit, ages 3-20 with qualifying care gap
- Childproofing kit or children's book for lead screening, birth-15 months, if qualify
- Bath set or soft puzzle for well visit at 15 months, if qualify
- Digital thermometer or rubber duck bath thermometer at child's birth, if qualify
- Jump Start Your Health child weight management program with step-by-step plan, what is needed in first 30 days, exercise programs, and healthy eating

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**Diabetes**

- \$50 for A1C test, ages 18-75, if qualify
- \$50 for diabetic eye exam, ages 18-75, if qualify

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Extra services by plan (continued)



**Member services**

- Help to find a doctor, learn about benefits, and access services
- Help to file a complaint or appeal denied service
- 24-hour Nurse Hotline
- Unlimited visits to in-network doctors

**Over the counter (OTC) medications**

- With prescription and copay
- \$25 monthly per household for OTC vitamins and health products, if qualify

**Pharmacy copays**

- No copays for children, pregnant women, family planning supplies, members in the hospital, members of a home and community-based waiver, women who have Medicaid due to breast or cervical cancer, members getting hospice services, Native American or Alaska Native members
- For others, if the medicine is:  
\$10 or less = **\$0.50 copay**  
\$10.01 - \$25 = **\$1 copay**  
\$25.01 - \$50 = **\$2 copay**  
Over \$50 = **\$3 copay**

**Pregnancy**

- Pregnancy reward Maternity Matters
- \$25 for 1st prenatal visit in 1st trimester
- \$50 for completing a Notice of Pregnancy form in first trimester
- \$10 for each prenatal visit after first visit during pregnancy, up to 10 visits

(Continued on page 4)



**Member services**

- Help to find a doctor, learn about benefits, and access services
- Help to file a complaint or appeal denied service
- 24-hour Nurse Hotline
- Unlimited visits to in-network doctors

**Over the counter (OTC) medications**

- Select products with prescription and copay

**Pharmacy copays**

- No copays for children, pregnant women, family planning supplies, members in the hospital, members of a home and community-based waiver, women who have Medicaid due to breast or cervical cancer, members getting hospice services, Native American or Alaska Native members
- For others, if the medicine is:  
\$10 or less = **\$0.50 copay**  
\$10.01 - \$25 = **\$1 copay**  
\$25.01 - \$50 = **\$2 copay**  
Over \$50 = **\$3 copay**

**Pregnancy**

- Bright Start® pregnancy reward program
- \$25 in rewards for prenatal visit in first 12 weeks of pregnancy

(Continued on page 4)



**Member services**

- Help to find a doctor, learn about benefits, and access services
- Help to file a complaint or appeal denied service
- 24-hour Nurse Hotline
- Unlimited visits to in-network doctors

**Over the counter (OTC) medications**

- With prescription and copay

**Pharmacy copays**

- No copays for children, pregnant women, family planning supplies, members in the hospital, members of a home and community-based waiver, women who have Medicaid due to breast or cervical cancer, members getting hospice services, Native American or Alaska Native members
- For others, if the medicine is:  
\$10 or less = **\$0.50 copay**  
\$10.01 - \$25 = **\$1 copay**  
\$25.01 - \$50 = **\$2 copay**  
Over \$50 = **\$3 copay**

**Pregnancy**

- New Baby, New Life™ pregnancy rewards program
- \$25 for prenatal visit in the first trimester of pregnancy
- Portable crib or an infant car seat for 7 prenatal visits

(Continued on page 4)



**Member services**

- Help to find a doctor, learn about benefits, and access services
- Help to file a complaint or appeal denied service
- 24-hour Nurse Hotline
- Unlimited visits to in-network doctors

**Over the counter (OTC) medications**

- With prescription and copay

**Pharmacy copays**

- No copays for children, pregnant women, family planning supplies, members in the hospital, members of a home and community-based waiver, women who have Medicaid due to breast or cervical cancer, members getting hospice services, Native American or Alaska Native members
- For others, if the medicine is:  
\$10 or less = **\$0.50 copay**  
\$10.01 - \$25 = **\$1 copay**  
\$25.01 - \$50 = **\$2 copay**  
Over \$50 = **\$3 copay**

**Pregnancy**

- Start Smart for Your Baby pregnancy rewards program, baby kit with helpful info and items for new moms and free access to Start Smart mobile app
- Up to \$110 for prenatal visits (\$10 each)
- \$50 for a postpartum visit

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**Member services**

- Help to find a doctor, learn about benefits, and access services
- Help to file a complaint or appeal denied service
- 24-hour Nurse Hotline
- Unlimited visits to in-network doctors

**Over the counter (OTC) medications**

- With prescription and copay

**Pharmacy copays**

- No copays for children, pregnant women, family planning supplies, members in the hospital, members of a home and community-based waiver, women who have Medicaid due to breast or cervical cancer, members getting hospice services, Native American or Alaska Native members
- For others, if the medicine is:  
\$10 or less = **\$0.50 copay**  
\$10.01 - \$25 = **\$1 copay**  
\$25.01 - \$50 = **\$2 copay**  
Over \$50 = **\$3 copay**

**Pregnancy**

- Baby Blocks™ rewards program
- Nursing cover or teething rattle at prenatal visit at 24 weeks, if qualify
- First Aid Kit or tabletop toy for a prenatal visit at 32 weeks, if qualify

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Extra services by plan (continued)



**Pregnancy (continued)**

- \$50 for completing all 17P injections, if qualify
- \$50 for completing postpartum visit with provider up to 6 weeks after delivery
- Welcome kit with diaper bag, pack of diapers, and other baby related items plus materials on baby care and healthy pregnancy resources for safety, health, and well-being of babies and mothers
- Case of baby diapers for newborn supplied at follow up after live birth

**Transportation**

- Ride to medical appointments with stop at pharmacy for medications

**Other**

- Healthy living rewards debit or gift cards
- Semi-automatic blood pressure monitor, if qualify
- Job skills courses, if qualify
- HiSET (High School Equivalency Test) certification, if qualify
- 2 home-delivered meals a day for up to 14 days after discharge for post-acute care, if qualify
- \$10 for one medication refill every 6 months for high blood pressure, ADHD, or antipsychotic
- \$5 for getting yearly flu shot
- Sponsorships and mini grants for community organizations and members in need, if qualify



**Pregnancy (continued)**

- \$20 in rewards for a postpartum visit within 7-84 days of giving birth
- \$25 for completing a Notice of Pregnancy form in first trimester

**Transportation**

- Ride to medical appointments with stop at pharmacy for medications

**Other**

- Healthy living rewards debit or gift cards
- Mission GED programs with reading / learning service and voucher to pay for GED exam, if qualify
- Home delivered Care Meals after discharge for post-acute care, if qualify
- Pathways to Work life skills program, if qualify
- \$10 for completed health assessment
- \$10 for follow-up assessment after behavioral health hospitalization (3 per year), if qualify
- \$5 for flu shot
- Sponsorships or mini grants for community organizations and members in need, if qualify
- Gym memberships and support group meetings at community wellness centers, if qualify



**Pregnancy (continued)**

- \$25 for members with high-risk pregnancy to have 17P injection based on OBGYN recommendation
- \$50 for a postpartum visit
- Family planning kit with condoms, pregnancy test, prenatal vitamins, and more
- In-home postpartum visit

**Transportation**

- Ride to medical appointments with stop at pharmacy for medications
- Transportation gift card or bus pass, ages 16+ if qualify

**Other**

- Healthy living rewards debit or gift cards
- \$25 for getting yearly flu shot
- \$10 per quarter for high blood pressure medication pharmacy fills
- \$25 for follow-up with provider after behavioral health hospitalization
- Sponsorships and mini grants for community organizations and members in need, if qualify
- Fruits and veggies for ages 18+ with obesity diagnosis or for pregnant women or up to 60 days after delivery
- Up to 8 hours respite services each month for caregivers of children up to age 20



**Pregnancy (continued)**

- \$30 for completing a Notice of Pregnancy form
- Free pack-and play crib with safe sleep kit
- NICU Care Kit for members in need, if qualify

**Transportation**

- Ride to medical appointments with stop at pharmacy for medications

**Other**

- Healthy living rewards debit or gift cards
- One hearing exam and one set of hearing aids every 2 years, ages 21+
- \$50 for completing a follow-up visit within 30 days of fill of initial prescription for ADHD medication, ages 6-12
- \$25 for medication fill for smoking cessation drug or product
- Sponsorships and mini grants for community organizations and members in need, if qualify



**Pregnancy (continued)**

- \$20 or Fisher Price sorting blocks for postpartum visit, if qualify
- \$20 or diaper bag when enroll in Baby Blocks, if qualify
- Healthy Pregnancy Care Book for pregnant women and new mothers on baby care and healthy pregnancies for safety, health, and well-being

**Transportation**

- Ride to medical appointments with stop at pharmacy for medications

**Other**

- Healthy living rewards debit or gift cards
- Sponsorships and mini grants for community organizations and members in need, if qualify
- Weight Watchers® meetings, ages 12+, if qualify

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